

# Longridge & District Walking Group



Bee Active

## TUESDAY 10 am SHORT WALKS

Moderate pace 3 to 4 miles, about 2 hours. We meet from various locations in and around Longridge, and the walks include stiles, steps and gradual gradients.

- July 14<sup>th</sup> Grimsargh Post Office linear walk.  
Meet at bus stop Berry Lane at 9.53 am
- July 28<sup>th</sup> Civic Hall Calder Ave., PR3 3HJ
- Aug 11<sup>th</sup> Beacon View Caravan Park, Higher Road.
- Aug 25<sup>th</sup> Sainsbury's Supermarket
- Sept 8<sup>th</sup> DMD Lower Lane
- Sept 22<sup>nd</sup> Civic Hall Calder Ave. PR3 3HJ<sup>th</sup> Sainsbury's Supermarket
- Oct 6<sup>th</sup> Sainsbury's Supermarket
- Oct 20<sup>th</sup> Beacon View Caravan Park, Higher Road

## MONTHLY TUESDAY TEACUP TRAILS 2 pm

These walks are primarily aimed at those walkers who do not feel they can manage the normal Tuesday walks but miss the camaraderie of the group. The walk is of no more than 1 hour on flat terrain with no stiles followed by tea and a chat.

- July 14<sup>th</sup> Chipping
- Aug 11<sup>th</sup> Bleasdale. Park opp. Old Junior School. Please bring a flask of tea or  
Coffee - cake will be provided!
- Sept 22<sup>nd</sup> Barton Grange Garden Centre
- Oct 20<sup>th</sup> Garstang Booths car park



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### WEDNESDAY STOP & STARE 10.00am

Moderate pace, 5-8 miles, about 4 hours

The walks are mainly off-road and involve stiles and gradients, but we do allow plenty of time to negotiate these and to take in the views and the flora and fauna. We have a planned stop and invite you to bring a packed lunch. If you are in need of transport, or wish to have any information regarding the walk, please contact the leader on the numbers below. **Please check your e mails the evening before for other information, which the leader will post regarding the walk, such as the length, gradients, no. of stiles etc.**

July 8<sup>th</sup> NO WALK. Annual walking holiday in Grasmere

July 22<sup>nd</sup> Gt. Harwood. Park behind old church, adj. to Memorial Gardens BB6 7PR

Isobel & Jan 01254 878060

Aug 5<sup>th</sup> Sunderland Point. The Globe Hotel, Overton LA3 3HF

Michael & Anne 07591570447

Aug 19<sup>th</sup> Garstang. Park at main car park

Lynda & Madeleine 01772 864405

Sept. 2<sup>nd</sup> Staveley. Linear walk to Windermere, catching the bus back. Details to follow. Lynda & Madeleine. 01772 864405

Sept 16<sup>th</sup> Levens Hall. Main car park LA8 OPD

Isobel & Jan 01254 878060

Sept 30<sup>th</sup> Barrow Bridge. Smithills car park BO1 7UH

John & Bev. 07963 195474

Oct 14<sup>th</sup> Silverdale. Holgate Caravan Park LA5 OSH

Lynda & Madeleine 01772 864405

Oct 28<sup>th</sup> Belmont. Park at San Marino Restaurant BL7 9QT

John & Bev. 07963 195474



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